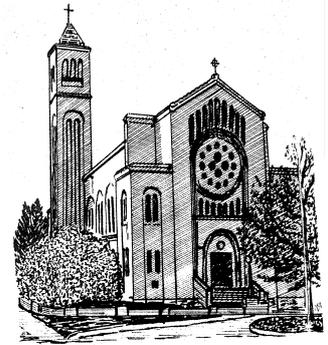


# St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)



Fifth Sunday in  
Ordinary Time  
Year B -  
7 Feb 2021

Archdiocese of Canberra & Goulburn  
Archbishop: Most Rev Christopher Prowse DD STD  
Administrator: Fr Trenton van Reesch  
Assistant Priest: Fr Norvin Dias

**Masses at St Christopher's  
will be offered with a maxi-  
mum of 260 people present  
until further notice**

#### PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (bh) Emergency Phone for Priests: 0491 072 304  
cathedral@cg.org.au www.cg.org.au/cathedral  
Online Payments Link: <https://www.bpoint.com.au/payments/sccp>  
Parish Secretary: Michelle O'Connor—Mon-Fri, 8.30am-12.15pm, 12.45pm-4.30pm  
Accounts Officer: Karina Widjaja—Friday, 8am-4pm

#### Sunday Mass

##### **St Christopher's**

Cnr Canberra Ave & Furneaux  
Street, Forrest (Manuka) ACT

**Sat. Vigil:** 5.00pm

**Sunday:** 8.00am,  
11.00am (livestreamed),  
5.30pm

##### **St Peter Chanel's**

Cnr Weston & Loch Streets,  
Yarralumla ACT

**Saturday:** 6.00pm Vigil

**Sunday:** 9.30am  
2.00-3.00pm Adoration  
& Confessions

#### Weekday Mass

##### **St Christopher's**

**Monday to Friday:** 7.30am &  
12.15pm

**Saturday:** 9.00am & 12.15pm

##### **St Peter Chanel's**

**Tuesday:** 5.30pm

**Thursday:** 10.00am (9.30am  
Adoration): Anointing Mass first  
Thursday of the month.

#### Reconciliation

##### **St Christopher's**

**Wednesday:** 11.30am-12.00noon

**Thursday:** 6.00 - 6.30pm

**Saturday:** 11.00am - 12noon

##### **St Peter Chanel's**

**Tuesday:** 6.00 - 6.30pm

**Saturday:** 5.15 - 5.45pm

#### Adoration

##### **St Christopher's**

**Tuesday to Friday:** 5.00-6.00pm

#### Baptisms

**Sundays:** 12.30pm

#### Weddings

**St Christopher's:** Saturday

1.30pm & 3.00pm

**St Peter Chanel's:** By arrangement

Dear parishioners and visitors to Saint Christopher's Cathedral Parish,

It was a wonderful way to begin the week last, when, as many of you are aware, on the feast of the Presentation of our Lord we were able to host our political leaders and fellow ministers to pray as one, for our country and its people. This service marked the occasion of the Commencement of Parliament for 2021, and had a distinct melody of *Hope*, which was spoken of throughout the service. I want to thank all who played a role in such a successful and prayerful morning.

I want to again thank and encourage you all for the way you continually and attentively enact the protocols of the parish and Archdiocese in accord with ACT health protocols. As a community we have been role-models on this front, and I want to thank you most sincerely. Of course, we must not become complacent. Please continue to use the Check-in Canberra App as well as the parish register. Remember to keep appropriate distancing during Mass and in the line for Holy Communion.

This week we welcome Anh Tran to our Parish as our young adult's coordinator in 2021 as another exciting chapter unfolds for youth ministry. We have been so blessed as a parish with Chiara and now Anh, in their mission of evangelisation in our parish. Much of their work is with children preparing for sacraments, as well as faith formation with our young adults. I look forward to working with Anh very much, and the gifts she will bring to us in the coming year. Please make Anh welcome!

*"Hi everyone, my name is Anh!*

*I'll be the Youth Minister for the Cathedral and St Thomas More Primary for the year of 2021. I'm humbled and excited for this opportunity, to journey with our young adults and the youth across Canberra and Goulburn, as they grow in faith and their personal relationship with Jesus.*

*I'm grateful for all the experiences that have led me to this opportunity, particularly my involvement with Couples for Christ Youth for Christ community over the last 10 years, as well as my employment with Catholic Education as a before and after school care educator for 5 years.*

*My favourite saints are St. Teresa of Calcutta, because of her love and heart for the poor and abandoned; St. Joseph, because of his example of humility in work and purity; and Blessed Chiara Corbella Petrillo because of her steadfast joy and trust in the face of grief and loss, as well as her witness that Heaven is for real and for everyone!*

*I have a passion for design and enjoy the process of making the ordinary into something beautiful. I like going for walks and being in nature with friends or by myself. I love to cook and try new foods or cuisines. You'll often catch me going in or out of a church, thinking about food, trying to speak in different accents, over sharing or singing too loud and out of tune.*

*If you see me around don't be shy, say hi, I would love to chat and get to know you! Know that I am praying for each one of you, please pray for me and all our youth ministers this year.*

*Helpful tip: my name is pronounced 'Ahng', like Avatar: The Last Airbender if anyone has watched the show, it's a good one!*

*I'll see you around :)*

*God bless, Anh*

# PARISH NEWS

**PLEASE DO NOT REMOVE OR REPOSITION  
'SIT HERE' SIGNS ON THE PEWS.**

## PARISH MINISTRIES

### Director of Music

*Jaki Kane*

### RCIA

*Thursday Evenings 6pm. Contact office . Resumes January 28th.*

### School of Religion

*Watch this space for 2021 Sacramental program dates.*

### Youth Minister

*Anh Tran*

Email: [anh.tran@cg.org.au](mailto:anh.tran@cg.org.au)

### Weekly Liturgical Calendar

Mon 8 Feb St Jerome Emiliani & Josephine Bakhita  
Tue 9 Feb Weekday, Ordinary Time  
Wed 10 Feb St Scholastica  
Thu 11 Feb Our Lady of Lourdes  
Fri 12 Feb Weekday, Ordinary Time  
Sat 13 Feb Blessed Virgin Mary  
Sun 14 Feb 6th Sunday in Ordinary Time

### Legion of Mary

*Monday at 5.30pm  
Haydon Hall*

### St Vincent de Paul

*Assisting people in need and combatting social injustice in our community*

### Adventurers Youth Group

*(primary school age)  
Sundays, 8.45am SPC—  
Resumes, February 2021*

### Good Shepherd Prayer Group

*Wednesday at 7pm SPC  
Parish Room (Feb-Dec)*

### Christian Meditation

*Saturday at 5pm SPC*

## Other Communities

### Spanish Community

*First Sunday of the month at  
11.30am SPC*

### African Community

*Second Sunday of the month at  
11.45am SPC*

### Filipino Community

*First Sunday bi-monthly at  
5.00pm SPC*

**LETS KEEP EACH OTHER SAFE—if you are coughing or have flu-like symptoms, please stay at home.**

**WALK IN THE SPIRIT – ARCHBISHOP'S 2021 LENTEN RENEWAL EXPERIENCE:** 18 February – 25 March, Thursdays 7.30pm – 9pm. Led by Archbishop Prowse, the renewal experience involves livestreamed teaching, prayer, discussion, community hubs, and Encounter Nights. Walk in the Spirit is open to all desiring a new Lenten renewal experience. Registration and further information is available at <https://cgatholic.org.au/walk-in-the-spirit/>.

**LENTEN RENEWAL EXPERIENCE PARISH GROUP -** The St Christopher's Cathedral & St Peter Chanel's Parish Council is inviting interested parishioners/friends to form a Parish Group to participate in the Archbishop's Lenten Renewal Experience. Please email Leeann Galloway c/- the Parish Office at [cathedral@cg.org.au](mailto:cathedral@cg.org.au) for further information.

**ADDITIONAL PARISH LENTEN GROUP OPTIONS:** additional Parish Lenten Reflection Group options include the Jesuit Ignatian Spirituality 'Sacred Space' Reflections or the Diocese of Wollongong 'Comfort' Lenten Reflections, depending on interest. Please email the Parish Office at [cathedral@cg.org.au](mailto:cathedral@cg.org.au) for further information.

**COMFORT LENTEN PROGRAM 2021 BOOKLET**—available for sale at the Cathedral and St Peter Chanel's. Each booklet is \$8.00. Please place payment in the envelope provided or pay online: <https://www.bpoint.com.au/payments/sccp>, selecting DONATION and type 'LENTEN BOOK' in the REASON FOR DONATION.

**DOWNLOAD THE CHECK IN CBR APP:** To assist with COVID-19 compliance and data collection requirements, use the "Check In Cbr" App. The App is free, download onto your smartphone and register, then simply scan the QR code located in the church entrance each time you enter. All data is secure, it saves time and you don't have to touch the pen! Please note on WEEKEND MASSES you must still MANUAL SIGNING IN, ensure numbers are not exceeded.

**REQUEST FOR COVID MARSHALLS FOR WEEKEND MASSES** — Thank you to those who have offered assistance. The parish office is still seeking volunteers who can ensure the correct sign-in procedure is followed at Masses. This would require arriving 30 minutes early and inspecting each sign in. If you are able to assist, please contact the parish office with your details either by phoning 6239 9846 or email [cathedral@cg.org.au](mailto:cathedral@cg.org.au).

**LEGION OF MARY - MEETINGS**—Mondays 5:30pm in the Haydon Hall: Live out your baptism, making the divine message of salvation known to all? Join the Legion of Mary in our parish! For more info, contact Marija Babic on 0402 570 238.

**OUR LADY'S PILGRIM STATUE HOME VISITATION 2021:** The Legion of Mary invite you to have the pilgrim statue of Our Lady, visit your house in 2021. A wonderful way of introducing children to prayer and devotion to Jesus and His mother. The statue of Mary stays for a fortnight with prayers for the parish, for priests and the family provided. Please call Marija Babic on 0402 570 238.

**INTRODUCTION TO CHRISTIAN MEDITATION IN LENT**—7.15pm each Tuesday for 1 hr, from 23 February for 5 successive Tuesdays, St Peter Chanel's Parish room, Yarralumla. The key to understanding the simplicity of Christian Meditation is within Psalm 46 – "Be still and know that I am God". An opportunity to experience this prayer practice, learn about its origins & discover its relevance as a form of prayer for the contemporary world. No cost, no RSVP required, just turn up. ([wccmaustralia.org.au](http://wccmaustralia.org.au)). Enquire: Rod or Susan: 0401 731 918

### Parish Collections

Like many in our community, our parish has felt the Covid financial pinch. The finance council encourage you to please consider recommencing your weekly financial contributions. While much has been put to a sudden halt, parish costs have continued to rise. Please consider direct debit and electronic forms of contribution to parish planned giving. Thank you for your generosity and support of your parish.

### New ways of Giving

- Direct Debit
- Qkr app
- Tap & Go
- Collection Point

More information:

[www.cg.org.au/cathedral](http://www.cg.org.au/cathedral)  
or contact Parish office  
6239 9846.

## OTHER NEWS

**Mass live streamed** from the St Christopher's Cathedral. Sunday at 11:00am. The congregation will be filmed during the livestreaming. <https://www.catholicvoice.org.au/mass-online/>

### **PRESENT PROTOCOLS - Please be familiar with current guidelines**

- In accordance with government restrictions, 260 people are permitted in the Cathedral at any one time.
- ALL PARISHIONERS & VISITORS MUST sign in upon entry (including children) . Records are destroyed after 28 days.
- Communion is received in the hand only & not under the species of the Precious Blood.
- Physical distancing rules still apply—respecting the 2sqm p/p rule.
- Please sit where there is a 'Please sit here' marker. Every 2nd pew is closed. *NB:* Families can sit together.
- Please use hand sanitiser upon entry and clean your pew/space with the wipes provided.
- There will be no physical contact at the sign of peace.
- No collection plates are in use, but money/envelopes can be deposited at collection points.
- Please DO NOT return bulletins, but keep or dispose of appropriately. **Please maintain social distancing 1.5m, at all times, including in the single line formed to receive Holy Communion.** Blue squares and yellow markers on the tiles indicate these distances. Thank you for your commitment in keeping everyone safe.

**Canberra Catholic Bookshop** - COMFORT 2021 Lenten Reflection available now. We have an extensive range of Sacramental & Religious Gifts, Books, Music & Church Supplies - You are always welcome: Opening Hours—Monday – Friday 9:30 am – 5 pm; Saturday 9 am – 1 pm. Ph: 6239 9888, Ground floor, St Christopher's Pastoral Centre, 55 Franklin Street, Forrest.



**Aid to the Church in Need:** As we begin a new year please remember the suffering Church. Your donation helps keep the faith alive during these difficult times. Visit [www.aidtochurch.org](http://www.aidtochurch.org). **Job Vacancies** - Are you looking for flexible ongoing part time work? Will you share the stories of suffering Christians? Aid to the Church in Need is recruiting for a number of Diocesan Outreach Assistants who will deliver monthly presentations in parishes across Australia. For more details visit [www.aidtochurch.org/work](http://www.aidtochurch.org/work)

**The 7 Week Marriage Course via Zoom**—9 Feb. The Archdiocese invites parish couples to build stronger foundations, learn to communicate more effectively and resolve differences all from the comfort of your own home. You may then wish to assist in running the same program for you parish community in the future. Costs \$70 per couple. For more details and to register visit <https://mailchi.mp/b4c3fdd09d6a/tmc21> or contact Steph Ransom [steph.ransom@cg.org.au](mailto:steph.ransom@cg.org.au)

**St Valentine's Mass**—13 Feb, 6pm, St Thomas the Apostle, Kambah, invites you to celebrate the love, romance and Joy of Christian Marriage with a St Valentine's celebration Mass. Includes Renewal of Marriage Promises for married couples, and a Special Blessing for engaged couples. EVERYONE welcome. Contact Elizabeth 62319219.

**Pastoral and Spiritual Care Training**—5 Wednesdays 17 Feb-17 Mar, 9am-5pm, Queanbeyan—Now enrolling in a Clinical Pastoral Education (CPE) Introductory Course. This 5 day course is a great way to get a feel for pastoral and spiritual care and includes topics such as: What is Pastoral/ Spiritual Care; empathy, grief and loss, spiritual reflection and self-care. Costs \$400. It is followed by a longer CPE unit for those interested in more in-depth training in spiritual care. Enrolments close soon. Contact Susanne Schmidt 0431 243 486 or at [susannecpe@gmail.com](mailto:susannecpe@gmail.com)

**Engaged Encounter Retreat**—20-21 Feb 2021. How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. For further information visit: [www.engagedencounter.org.au](http://www.engagedencounter.org.au).

**Men's Cursillo Weekend**—25 Mar 2021. A Cursillo retreat weekend offers you the opportunity for formation through talks, meditations, discussion and prayer led by an experienced local volunteer team. A three-day retreat starts on the evening of Thu 25 Mar in the relaxed monastery grounds of St Clements in Galong. Contact Geoff ([chantel1997@hotmail.com](mailto:chantel1997@hotmail.com), 0451 013 772).

**Safe Church Transport** - A Transport Service that Provides a Companion. Do you or someone close to you wish to attend Mass but don't have the means or a companion to make it happen? CareTaxi is your answer. Your fulfilment is our blessing! Holy Mass, Medical/GP appointments, shopping trips, recreational trips, sightseeing, school trip and more; our qualified and caring drivers can assist you. Visit [www.caretaxi.com.au](http://www.caretaxi.com.au), call +61 451 734 334 or email [services@caretaxi.com.au](mailto:services@caretaxi.com.au).



**Christians for an Ethical Society (CES)** 10 February at 7.30pm. Australian Centre for Christianity and Culture, Blackall Street, Barton ACT 'Political Propaganda, Freedom of Communication and Truth on Social Media' CONTACT Ann: [secretary@ces.org.au](mailto:secretary@ces.org.au).

**CatholicCare** Canberra & Goulburn is the social justice arm for our Archdiocese. It is local, and yet the magnitude of its work is largely unknown. CatholicCare offer a multitude of services in areas including: NDIS, Family Support and Counselling services, Disability, Aged Care, Mental Health, Youth, Homelessness, Alcohol and substance abuse and Housing. Please call: 02 6162 6100. There for any human.

### **A SPIRITUAL COMMUNION PRAYER**

**Dear Lord, I believe in the presence of Your Body and Blood in the Eucharistic celebration of the Last Supper. Since I cannot receive You Sacramentally, I embrace You Spiritually into my heart. Never permit me to be separated from you. My Lord and my God. Amen.**

**We pray for...**

**Those to be baptised:** Lucian Alba Sigdel

**Those who are ill:** Bronwen Grey, Katarina Imsinovic, Clarrie Pickard, Colliss Parrett, Arianna Vignale, Lucy Duncan, Stella Lazar, Rod Duncan, Anthony, David Kibbey, Frank Boyle, Paul Mychailuk, Kalum, Melania Widjaja, Edhie Rahardja, Danny Yuwono

**Anniversaries of death:** Saverio Calabria, Carlos & Francisca Abad, Anthony Osborne, Remigio & Maria Res, Pasquale Ciuffetelli, Noel Flanagan, Shannon Stevenson, Kenneth Mulach, Camillo Buhagiar, Helen Heffernan, Joyce Balnaves, Baby Georgia Morrison, Helen Richardson, Elsie Corkhill, Deceased Members of the O'Hanlon, Blackall, Gorman & Proust Families, Claire Jones, Brianna Humphreys, Leo Biggs, Audrey Fernandec

**Recently Deceased:** Katarina Imsirovic, Teresita Ranuds, Peter Theodore, Vera Canciani, Rudy & Maria Rajic, Alexis Saaghy, Curtis Holland (USA), Lino Farronato, Gerald Byrnes, EPrain Barbery, Muriel Morgan, Dominic McKeown, Leena Lemley, Lou Westende, Shirley Cummings (nee Deane), Brian F Savage,

# Readings of the Day – 5th Sunday in Ordinary Time —Year B



Cathedral QR code

**ENTRANCE ANTIPHON:** *O come, let us worship God and bow low before the God who made us, for he is the Lord our God.*

**RESPONSORIAL PSALM:** *Praise the Lord who heals the broken-hearted.*

**GOSPEL ACCLAMATION:** *Alleluia, alleluia! He bore our sickness, and endured our suffering. Alleluia!*

**COMMUNION ANTIPHON:** *Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.*

## First Reading

**Jb 7:1-4. 6-7**

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.

## Second Reading

**1 Cor 9:16-19. 22-23**

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me. So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

## Gospel Reading

**Mk 1:29-39**

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

© The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers. The English translation of the Psalm Responses, the Alleluia and Gospel Verses, and the Lenten Gospel Acclamations, and the Titles, Summaries, and Conclusion of the Readings, from the Lectionary for Mass © 1997, 1981, 1968, International Committee on English in the Liturgy, Inc. All rights reserved. The prayers are from the English Translation of the Roman Missal © 2010 International Committee on English in the Liturgy Inc. (ICEL). All rights reserved.

LITURGICAL MINISTRIES ROSTER			
Lectors			
Mass	6/7 Feb 2021	13/14 Feb	
5.00pm (SCC)	Ruth Meadows Eleanor Noorli	Gabrielle Wright Steward Unwin	
6.00pm (SPC)	Mike Nash Geraldene Ford	Fiona Wheeler Felicity de Fombelle	
8.00am (SCC)	Assigned Mineke Peerboom	Liza Quinn Marcus Smith	
9.30am (SPC)	Scott Pobihun Dominic Chin	Jaye Longland Gloria Osborne	
11.00am (SCC)	Gabrielle Wright Cecilia Flores	Leeann Galloway Jacqueline Hipwell	
5.30pm (SCC)	Becky Landworthy Jacob Madden	Liz Porra Rebekah O'Meagher	

**St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston,**